



Readjustment Counseling Services/Vet Centers

Honor all Veterans of all Eras



Readjustment Counseling Service

After war, some veterans experience psychological and social distress and difficulties in readjusting to civilian life. In 1979, the Department of Veterans Affairs established Vet Centers to assist Vietnam-era veterans with such problems. Congress later expanded Vet Center services to include combat veterans of other conflicts. These services are available at Vet Center in all 50 states, Puerto Rico, the US Virgin Islands and Guam.

Services Available

- ◆ Individual Counseling
- ◆ Marital and Family Counseling
- ◆ VA benefits assistance and referral
- ◆ Substance abuse counseling and referrals
- ◆ Primary health care for basic medical needs
- ◆ Pre-employment assistance and employment counseling
- ◆ Discharge upgrade information
- ◆ Community, social service and medical referrals
- ◆ Sexual trauma/harassment counseling (veterans of both genders, all eras)

The Vet Center also has a network of federal, state, city and community resources to help you. We will try to address any concerns or problems you bring to us.

At the Vet Center, you can expect help from professional counselors who will treat you with respect and understanding. Many of the counselors are also war veterans, so they understand your problems first hand, and have the training and skills to help solve them.

There is no charge for the assistance you receive at the Vet Center because of your sacrifices and efforts for this country. Veterans applying for assistance are asked to bring a copy of their Military Separation or Military Discharge (DD214) with them.

**10411 Motor City Drive, 5th Floor
Bethesda, MD 20817
240-395-1428**

Eligibility

War Zone Veterans – all eras including:

WW II

Three eligible categories

European-African-Middle Eastern Campaign Medal
(7 Dec 1941 to 8 Nov 1945)

Asiatic-Pacific Campaign Medal
(7 Dec 1941 to 2 Mar 1946)

American Campaign Medal (7 Dec 1941 to 2 Mar 1946)

American Merchant Marines in Oceangoing Service

(7 December 1941 to 15 August 1945)

Korea

27 June 1950 to 27 July 1954
(eligible for the Korean Service Medal)

Vietnam

28 Feb 1961 to 1 May 1975

Lebanon

(25 Aug 1982 to 26 Feb 1984)

Grenada

(23 Oct 1983 to 21 Nov 1983)

Panama

(20 Dec 1989 to 31 Jan 1990)

Persian Gulf

2 Aug 1990 to –

Somalia

17 Sept 1992 to –

Bosnia-Herzegovina, Croatia, Kosovo, Albania (former Yugoslavia operations)

Global War on Terrorism/OIF/OEF

September 11, 2001 -

Sexual Trauma and Harassment Counseling

(veterans of both genders, all eras)

**Bereavement Counseling for
surviving Family Members only
(Call 202-273-9116)**